

## For our patients and their relatives

### Café at the water tower

The Café am Wasserturm offers a variety of drinks, fresh baked goods and small meals, fresh salads, baguettes and pizzas every day.

#### Opening hours:

Monday - Sunday, 10.00 - 18.00 hrs

#### Kitchen times:

Mondays - Fridays, 11.30 - 17.30

Weekends and public holidays, 12.00 - 17.00

### Kiosk

The kiosk sells newspapers, magazines, postcards, toiletries, sweets, fruit, bread rolls, sandwiches, wraps, impulse ice cream and a number of small gift items.

#### Opening hours:

Monday - Friday, 7.00 a.m. - 7.00 p.m.;

Saturday, 8.00 a.m. - 6.00 p.m.;

Sunday and public holidays, 10.00 - 18.00 hrs

### Chapel

A service is held every Sunday at 10.00 a.m. in the ecumenical chapel on the grounds of the Karl Jaspers Clinic. The chapel is also open daily for people seeking peace and quiet.

## Ownership and shareholders

The Karl Jaspers Clinic is run by the Psychiatrieverbund Oldenburger Land gGmbH.

The shareholders are Bezirksverband Oldenburg, Ammerland-Klinik Westerstede, Evangelisches Krankenhaus Oldenburg and Klinikum Oldenburg.

## Full inpatient psychiatric Supplying the region

The clinic provides full inpatient psychiatric care for the districts of Ammerland, Vechta, Oldenburg, Cloppenburg, Wittmund and Wesermarsch and the cities of Delmenhorst and Oldenburg.

Medical Director: Prof. Dr Dr René Hurlmann

Nursing Director: Monika Jüttner

### Karl Theodor Jaspers (1883 – 1969)



Born in Oldenburg and an honorary citizen of the city, he was a psychiatrist and philosopher. He is one of the pioneers of a psychiatry that places the individual at the centre. Before he became one of the most important German-speaking philosophers of the last century as an outstanding representative of so-called existential philosophy, he worked as a psychiatrist and conducted research at the University of Heidelberg. His habilitation thesis „General Psychopathology“ is still regarded as a standard scientific work today.



### Karl Jaspers Clinic, Hospital for Psychiatry, Psychotherapy and Psychosomatics

Psychiatrieverbund Oldenburger Land gGmbH  
Hermann-Ehlers-Straße 7  
26160 Bad Zwischenahn

Management: Michael Poerschke

Chairman of the Supervisory Board: Helmut Hartig



### Contact:

Do you have any questions?

Then please feel free to contact us!

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# The Karl Jaspers Clinic at a glance

## Hospital for Psychiatry, psychotherapy and psychosomatics

Psychiatrieverbund Oldenburger Land gGmbH  
**KARL-JASPERS-KLINIK**  
Universitätsmedizin Oldenburg





## The seven clinics

The Karl Jaspers Clinic (KJK) is a hospital for psychiatry, psychotherapy and psychosomatics. With its University Clinic for Psychiatry and Psychotherapy, the KJK is part of Oldenburg University Medicine. The hospital is certified according to DIN ISO 9001. The Karl Jaspers Clinic has 695 beds and around 1,100 employees. The medical services are provided in seven clinics:

### University Clinic for Psychiatry and Psychotherapy - University Medicine Oldenburg, Faculty of Medicine and Health Sciences

The University Department of Psychiatry and Psychotherapy has six wards. The University Hospital's research groups focus on personalised forms of therapy for mental illnesses. The Director of the University Hospital also holds the Chair of Psychiatry and Psychotherapy at Oldenburg University Hospital.

### Clinic for General Psychiatry and Psychotherapy

Patients with schizophrenic disorders, manic-depressive disorders, personality disorders, acute stress reactions and suicidal risk are treated. The clinic also specialises in the treatment of depression disorders.

### Clinic for Addiction Medicine and Psychotherapy

The Clinic for Addiction Medicine and Psychotherapy at the Karl Jaspers Clinic offers a differentiated range of services from the entire spectrum of addiction medicine and psychotherapeutic treatment.

### Clinic for Geriatric Psychiatry and Psychotherapy

The departure from working life, the loss of loved ones, physical illnesses or impaired memory and retention lead to crises in middle and old age in which people become depressed, anxious and confused. Geriatric psychiatry is geared towards these particularities.

### Clinic for Forensic Psychiatry and Psychotherapy

Patients who are accommodated in accordance with Section 63 StGB are persons who have been charged with a criminal offence that they committed in a state of reduced or increased culpability. The reason for this is usually a mental illness resulting in impaired impulse control. The basis for the hospitalisation is the Lower Saxony Act on the Hospitalisation of Persons with Reduced Capacity.

### Clinic for adolescent forensics

The Youth Forensic Clinic, which opened in 2016, treats young people and adolescent patients who are (exclusively) placed by the court in accordance with the Juvenile Courts Act. The aim of the treatment is to re-socialise the young people and give them the opportunity for therapy, education and training in an educational setting.

### Clinic for Psychosomatic Medicine and Psychotherapy

The Clinic for Psychosomatic Medicine and Psychotherapy in Westerstede was opened in 2017 as a further location of the Karl Jaspers Clinic Bad Zwischenahn. The new clinic, which is operated in cooperation with the Bundeswehr Hospital, offers 40 treatment places for patients with psychosomatic illnesses.

## Institute outpatient clinic

It supplements the psychiatric and psychotherapeutic services offered by doctors and therapists in private practice. It primarily treats seriously and chronically ill people who have already received inpatient psychiatric treatment and/or for whom an inpatient stay can be avoided or shortened.

## Day clinics

The KJK has five day clinics for partial inpatient treatment: one day clinic on the clinic premises, the others in Westerstede, Delmenhorst, Cloppenburg and Brake.

## Further offers

### Internal and neurological diagnostics

Many of our patients present with physical symptoms that need to be clarified. During the stay, concomitant internal diseases must also be treated professionally and competently. A specialist in internal medicine, dedicated medical-technical assistants and modern equipment (sonography, laboratory, cardiological diagnostics) are available for this purpose.

### Socio- and art therapy programmes

The therapeutic services include talk therapy, music therapy, dance and theatre therapy, art therapy, occupational therapy and work therapy (e.g. gardening).

### Physical therapy/movement therapy

Well-being and physical exercise are closely linked. This is why physiotherapeutic and movement therapy treatment methods are an integral part of treatment at the Karl Jaspers Clinic. In individual or group treatments, we endeavour to alleviate or remedy physical complaints and improve physical resources.

### Social service

The social service supports patients during their treatment at the KJK and plans the time after discharge together with the patients and other stakeholders. If necessary, the social service helps patients to return to their familiar living environment or to develop other perspectives. Each ward, day clinic or institute outpatient clinic is supervised by a social services employee.